



Improving lives
with work placements in the
countryside



@Lucky_Ewe_farm

@lucky_ewe_farm

@Lucky Ewe

luckyewe.org.uk

office@luckyewe.org.uk

Lucky Ewe Safeguarding Guidelines for Volunteers & Staff

Lucky Ewe is committed to providing a safe, supportive, and inclusive environment for all participants, volunteers, staff, and visitors. This handout outlines safeguarding responsibilities to protect vulnerable people from harm, abuse, and neglect.

1. KEY PRINCIPLES OF SAFEGUARDING

EVERYONE'S RESPONSIBILITY: Safeguarding is everyone's duty. Each volunteer and staff member must be vigilant and proactive in ensuring safety.

EMPOWERMENT: Respect individual rights and dignity, ensuring that participants are supported and empowered to make their own decisions.

PREVENTION: Always take steps to prevent harm by identifying potential risks and addressing them early.

CONFIDENTIALITY: Protect sensitive information and only share it on a need-to-know basis with appropriate personnel.

REPORTING CONCERNS: Act swiftly if you suspect or witness any form of harm or abuse.

2. TYPES OF HARM AND ABUSE

ABUSE CAN TAKE MANY FORMS, AND ALL STAFF AND VOLUNTEERS SHOULD BE AWARE OF THE DIFFERENT TYPES:

Physical Abuse: Hitting, slapping, pushing, or misuse of medication.

Emotional or Psychological Abuse: Verbal abuse, "banter" going too far and becoming uncomfortable, bullying, or threats.

Sexual Abuse: Inappropriate touching, exploitation, or non-consensual acts.

Neglect: Failing to meet a person's basic needs such as food, warmth, and medical care.

Financial Abuse: Theft, fraud, or coercion over someone's financial affairs.

3. RECOGNISING SIGNS OF ABUSE

Unexplained injuries or changes in behaviour. Reluctance to engage in activities. Signs of fear, anxiety, or distress around certain individuals. Sudden withdrawal from social interactions or changes in mood. Unexplained loss of money or possessions.

4. YOUR ROLE AS A VOLUNTEER/STAFF MEMBER

KNOW THE SIGNS: Be aware of the physical, emotional, and behavioural signs of abuse.

LISTEN CAREFULLY: If someone discloses abuse to you, listen without judgment and reassure them that they are being heard.

REPORT IMMEDIATELY: Any concerns or suspicions must be reported as soon as possible. Do not investigate the matter yourself.

5. REPORTING CONCERNS

IF YOU SUSPECT ABUSE OR NEGLECT, FOLLOW THESE STEPS:

STAY CALM: Ensure the safety of the individual if they are in immediate danger. **DOCUMENT THE FACTS:** Write down what you have seen or heard. Stick to the facts—avoid assumptions. **REPORT TO THE SAFEGUARDING LEAD:** Contact Lucky Ewe's designated Safeguarding Trustee:

Name: Libby Elliot
Phone Number: 07889767103
Email: libby@luckyewe.org.uk

EMERGENCY ACTION: IF SOMEONE IS IN IMMEDIATE DANGER, CALL EMERGENCY SERVICES AT 999.

6. BOUNDARIES AND BEST PRACTICES

MAINTAIN PROFESSIONAL RELATIONSHIPS: Always respect the personal space and boundaries of participants. **AVOID BEING ALONE:** Where possible, avoid one-on-one situations with vulnerable participants in secluded areas. **PHYSICAL CONTACT:** Only provide physical assistance when necessary and with the person's consent. **SOCIAL MEDIA AND CONTACT:** Do not share personal contact details or interact with participants on social media unless it's through approved Lucky Ewe channels. **STAY INFORMED:** Attend all relevant safeguarding training and updates provided by Lucky Ewe.

7. CONFIDENTIALITY

All information regarding safeguarding concerns should be treated confidentially. Information should only be shared with the Safeguarding Trustee or relevant authorities.

8. SAFE ENVIRONMENT

Lucky Ewe aims to maintain a welcoming environment by:

Ensuring staff and volunteers are properly vetted (background checks).

Offering regular safeguarding training.

Conducting risk assessments for activities involving vulnerable people.

9. SELF-CARE FOR VOLUNTEERS AND STAFF

Supporting others can be emotionally challenging. If you feel overwhelmed or need to talk about your experiences, seek support from the Safeguarding Trustee or a colleague.

Thank you for your commitment to safeguarding at Lucky Ewe. Together, we can create a safe and inclusive environment where everyone feels valued and protected.

If you have any questions or require further clarification, please contact our Safeguarding Officer.

**REMEMBER:
SAFEGUARDING IS EVERYONE'S RESPONSIBILITY.**